ANNUAL REPORT

2018 - 2019

SISTRY FOUNDATION

VILL – PRANGOPALNAGAR, P.O. – NABADWIP P.S. – NABADWIP, DIST – NADIA, PIN – 741302 WEST BENGAL, INDIA

From the Desk of Executive Director

Dear Friends,

I am very grad to present this annual report for the year 2018 – 2019 of **SISTRY FOUNDATION**. All our efforts to render service for the human society in the last year have been briefly stated in this report. It also contains about our future planning.

This year we achieved more programmes than the previous year. Our devoted volunteers, specially the field workers tried to carry out the projects successfully with hard labour. We admit it with our thankful heart.

This organization is obliged to different social activities, Youth organizations, School, Local administrative Bodies and others who extended their support and co-operation to the organization in making the mission successful. We are also thankful to our patrons and well wishers who donated to our Organization to enrich our funding capacity, the beneficiaries as well as the participants of different project who assisted us spontaneously to facilitate our activities.

In the last year this organization attempted to implement different social development schemes through training on Agriculture, organic farming, Famers producer Club, Women Nutrition, awareness on Child Labour, Trafficking, rainwater harvesting. Health program and women nutrition.

We have been successful this year to carry out our programs despite of some major constraints having faced by us. A lot of thanks to all my colleagues, friends, Government Officials, representatives and to all our well wishers who stood by us during the last year with their supports to our activities and necessary financial help to us.

Thanks and with regards.

(TARUN KUMAR RAY)

EXECUTIVE DIRECTOR SISTRY FOUNDATION

Annual Report: 2018 – 2019

We have immense pleasure in presenting before the public the Annual Report of our Society for the year 2018-2019

"Our Mission is for the Destitute, the Poor and the Illiterate Peasantry and Labouring Communities"

-Swami Vivekananda

"Work sincerely and silently, your sincere and silent work will bring everything, whatever you need"

-Swami Vivekananda

Genesis of the Organization

SISTRY FOUNDATION is a non-political, non-communal, non-profit making and non-Governmental organization, the main objective of which is to cause socio-economic empowerment of the poor and marginalized with a prime focus on the distressed and downtrodden Children. **SISTRY FOUNDATION** actually started with the joint effects of some enthusiastic youth (boy & girls) by organizing game & sport and some cultural program since 2008. This was temporary programme & seasonal basis with the gradual Expansion of its games, sport and cultural wings this organization group feels to build a permanent youth club & for this purpose they came forward & convene a meeting for this purpose. All of them healthily accepted the noble proposal of the Founder Group.

The founder of this Trust then started organizing sports & cultural programme throughout the year. As the area is very much backward and interior the people of this area are very ignorant and illiterate. Due to this, founder of the Trust organized several awareness camp and Adult literacy programme for women. For this purpose they also collected local contribution with high satisfaction. After gradual expansion of its sports, cultural and networking activities this organization group has been formed in a legal way and has been Registered under the Indian Trust Act in the year 2009. Now this group called SISTRY FOUNDATION.

Vision and Mission Statement

Our Vision

SISTRY FOUNDATION's vision is to achieve a value – oriented sustainable society based on social orientation, economic growth, local capacity building and empowerment of people for a complete social transformation.

Our Mission

SISTRY FOUNDATION's mission is to aware the poor & disadvantaged people about their health, education and basic rights, assist them to recognize and improve their potentialities through skill formation, knowledge sharing and transfer of technical knowhow, guide them to generate economic benefit for promoting sustainable development in economy.

Objectives

Children's Welfare Programmers:

- To work for the welfare of the street Children.
- To implement various programs for the welfare of the physically & mentally handicapped children.
- To organize various programs for prevention of Child Labour.
- To setup orphanage House and to establish Creches for the poor & needy rural/slum children.
- To run children Library and to education school dropped out children through NFE System.

Rural Development Programs:

- To Implement Rural Sanitation Program
- To establish Village Library.
- To construct Low Cost House Latrines for the weaker of the society.
- Drinking Water arrangement for the society.
- Formation of Self Help Groups in rural areas.
- To implement the total Sanitation Camping Programs.
- To work under the centrally sponsored scheme of Ministry of Rural Development, GOI such as NREGP, SGYS etc.

Educational Programs:

- To setup Non-Formal Education Centers.
- To setup adult Education Centers.
- To setup Children Libraries.
- To help the various Govt./Prevate Dept. for the development of literacy programs.
- To work under Sarva Shiksha Abhiyan.
- To organize various pre-examination training's programs for SC/OBC.
- To promote Girls Education programs.
- To establish/run/manage schools to spread any or all types of education prevalent in modern India.

Environment Development:

- Conduction environment education training in the spheres of conservation of forests and wild life for rural peoples especially the youth.
- To work for maintenance and conservation of Bio-Diversity.
- Encouraging rural masses towards the use of alternate sources of energy like solar cooker, biogas, smokeless chullas and solar lamps to avoid environment pollution.
- To implement various projects related to forestry, tree plantation etc.
- To conduct the National Environment Awareness Program (NEAC) each year.
- To implement various Environment Education's Projects in various schools.

Women & Girls Welfare Activities:

- To create employment opportunities for women and youth through vocational training facilities to trace out force of women /youth.
- To setup Working Women Hostels, Short Stay Homes and Swadhar centers for the women.
- To setup Training-cum-Production units for Women and marketing of products.
- Formation of Self-Help Groups for the poor women.
- To provide free legal literacy to women/girls.
- To organize various Awareness Generation Programs for women/girls.
- To provide free Sex Education to the Youth/Adolescents girls.
- To setup Women Helpline Programs.
- To implement various other Women Empowerment related programs.

Youth Welfare:

- To organize various vocational training courses for youth.
- To initiate and organize need oriented rural development program.
- To impart education and training on the basis of youth organization methods and practical.
- To organize various sports meets at Village, Block, District and State level.
- To establish Stadiums both in rural and urban areas for sports activities.
- To implement various Youth Empowerment & adolescent Development projects.

Functional Area

The working areas are especially in village areas of Nabadwip Block, Purbasthali I & II Block and Katowa Block in Nadia district in West Bengal.

Target Population

SISTRY FOUNDATION has been providing its services to the underprivileged, economically backward communities of rural areas. It has been addressing the needs of especially the women and children of those communities.

Present Activities at a Glance

- Training and Capacity Building.
- Awareness Programme
- Cultural Activities.
- Health Program
- Farmers Club Formation
- Social and Relief Work

Activities at a Glance

(i) Farmers Produce Club:

The concept of 'Farmer Producer Organizations, (FPO)' consists of collectivization of Producers especially small and marginal farmers so as to form an effective alliance to collectively address many challenges of agriculture such as improved access to investment, technology, inputs and markets.

NABARD provides financial and technical support to the producer organization and NABARD has set up a Farmers' Technology Transfer Fund (FTTF) to be used to facilitate transfer of technologies and market linkages especially through Farmers' Clubs besides need based support for formation of Producers' Groups of farmers' Clubs etc.

During the year under report **SISTRY FOUNDATION** has given training the farmers through FPO at Purba and Paschim Bardhaman district. 500 farmers have been trained during the 2018 – 2019 financial year.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Farmers Produce Club (2018 – 2019)	500	1,44,300	350	150	-

(ii) Farmers Capacity Building:

Around 80% of the Purba and Paschim Bardhaman population depends on agriculture for their livelihoods. The majority farming at a subsistence level using traditional methods. However the context of agriculture in Bardhaman is changing with increasing challenges of reduced soil fertility, erratic weather patterns due to climate change and changing markets. In order to counter these challenges, small farmers need to change the way they farm in terms of what they grow and how they grow it, but they have no skills, knowledge and capacity to improve their productivity within this context.

SISTRY FOUNDATION acknowledges the need to support and train farmers so that they can reach their potential capacity for farming, and thus implements a series of interconnected activities that address the challenges facing member capacity.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Farmers Capacity	800	4,76,575	600	200	-
Building (2018 – 2019)					

(iii) Organic Farming:

Organic agriculture is a unique production management system which promotes and enhances agro-ecosystem health, including biodiversity, biological cycles and soil biological activity, and this is accomplished by using on-farm agronomic, biological and mechanical methods in exclusion of all synthetic off-farm inputs

SISTRY FOUNDATION teaches the farmers through training that a natural balance needs to be maintained at all cost for existence of life and property.

During the year under report SISTRY FOUNDATION trained 700 farmers in Purba and Paschim Bardhaman district in West Bengal.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Organic Farming (2018 – 2019)	700	3,01,233	600	100	-

(iv) Vocational Training on knitting:

Education, skills development and technical training are central to agricultural and rural employment. They prepare mostly young people for work in the formal and informal sector in rural areas and thus play an important role in poverty reduction. The better the training and the more refined the skills are in terms of human capital, the higher the income and returns and the better the rural livelihoods

During the year under report **SISTRY FOUNDATION** has trained 72 rural women on Knitting training through the year at the Premises of **SISTRY FOUNDATION**.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Knitting Training (2018 – 2019)	72	92,145	-	72	-

Awareness Programmes:

i) Child Labour:

Child Labour, consisting of children below 14 years of age, is defined by the International Labour Organisation (ILO) as "the type of work performed by children that deprives them of their childhood and their dignity, which hampers their access to education and acquisition of skills and which is performed under conditions harmful to their health and their development". Children are the greatest gift to humanity and the same gift is being misused for personal gains as child labour. They constitute 36% of India's population but a large majority of children in the age group of 5-14 years continue to remain in distress and turmoil. One in every five children below the age of 14 is a labourer. The flower (Child) withers before it blossoms.

In a country like India where over 40 percent of the population is living in conditions of extreme poverty, child labour is a complex issue. Following are some of the causes of child labour.

First - Extreme poverty is the chief cause of child labour. The children either supplement their parents' income or are the only wage earners in the family.

Second - Child labour is deliberately created by vested interest to get cheap labour.

Third - Low level of parental education is also an important factor in determining the incidence of child labour.

Fourth - A majority of parents prefer to send their children to work rather than to school at the school-going age, primarily on account of their need for a supplementary income.

NGOs have an important role to play in the elimination of child labour. Government does not have the infrastructure to reach every section of the society and particularly the millions who work and live in remote areas. NGOs can act as a bridge between hard-to-reach areas and the government.

SISTRY FOUNDATION has been working to prevent the situation. The Trust arranged the awareness camps at Nabadwip Block in Nadia District in West Bengal.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Child Labour (2018-2019)	230	65,428	-	-	230

ii) Trafficking

Human trafficking involves the use of force, fraud, or coercion to obtain some type of labor or commercial sex act. Every year, millions of men, women, and children are trafficked worldwide. It can happen in any community and victims can be any age, race, gender, or nationality. Traffickers

might use violence, manipulation, or false promises of well-paying jobs or romantic relationships to lure victims into trafficking situations.

During the year under report **SISTRY FOUNDATION** has arranged four awareness camps on 21/07/2018, 12/09/2018, 27/01/2019 and 17/03/2019 at Nabadwip district in West Bengal

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Child Labour (2018-2019)	230	48,300	-	-	230

iii) Rain water Harvesting:

Rain water harvesting is a technique of collection and storage of rainwater into natural reservoirs or tanks, or the infiltration of surface water into subsurface aquifers.

Rain water harvesting is one of the most effective methods of water management and water conservation. It is the term used to indicate the collection and storage of rain water used for human, animals and plant needs. It involves collection and storage of rain water at surface or in sub-surface aquifer, before it is lost as surface run off. The augmented resource can be harvested in the time of need.

During the year under report SISTRY FOUNDATION has arranged three awareness camps for rain water harvesting on 16/08/2018, 25/10/2018 and 14/02/2019 at Purba Bardhaman district in West Bengal

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Rain Water Harvesting (2018-2019)	630	36,750	450	180	230

Health Programme:

SISTRY FOUNDATION has organized Health check up and Blood Donation Camps at Prangopalnagar on 19/09/2018, 25/11/2018 and 04/03/2019 in Nabadwip Block in Nadia District in West Bengal.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Health Checking Camps Blood Donation	275	17,450	100	100	75
Camp (2018– 2019)	104	11,216	70	34	-

Social & Relief Work

i) Social & Relief Work:

SISTRY FOUNDATION has distributed Books & Stationery to the poor Students in Nabadwip Block in Nadia district in West Bengal.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Books and Stationery Goods Distribution (2018– 2019)	105	9,865	-	-	105

ii) Women Nutrition:

Absolute poverty or destitution refers to the lack of means necessary to meet basic needs such as food, clothing and shelter. Relative poverty takes into consideration individual social and economic status compared to the rest of society.

SISTRY FOUNDATION has taken program on Women Nutrition for poor and needy women through the year at Nabadwip Block in Nadia district in West Bengal.

Name of activity and the year	Coverage	Expenditure	Men	Women	Girls'
<u>Women Nutrition</u> (2018– 2019)	477	1,22,300	-	307	170

Annual cultural program:

SISTRY FOUNDATION is not only progressing materially and technologically but culturally also. Our Society organized games & sports and various types of cultural programs throughout the year. Folk dance, Songs, dance, Recitation, Drama, Debate, are the main cultural programs those are to be organized by our Society.

Name of activity and the year	Coverage	Expenditure	Men	Women	Children/ Boys'/Girls'
Annual Cultural Prog.	63	16,325	-	-	63
Games & Sports (2018 – 2019)	38	9,613			38